

Overview

The Meds in Check Program encourages patients to bring all of their prescriptions and over the counter medications, supplements and vitamins to their next annual wellness visit, comprehensive physical exam or follow-up visit.

This gives the clinical staff an opportunity to review and discuss the medications directly with the patient with the pill bottles present.

Purpose

This practice can assist in the following ways:

- Answer any patient questions
- Assess patient understanding on medication needs and purpose
- Verify the quantity, dose, medications, expiration dates
- Identify and/or avoid any medication errors or potential concern on drug interactions
- Ensure patients are taking the medications correctly
- Assess for any barriers for obtaining medications (may be eligible for extra assistance)
- Coordinate refill timing

Implementation Steps

1. Ask patients to bring medications to the clinic, review what to bring and ensure extra time is allotted for this review.
 - I.e., during appointment outreach include text and patient portal reminders
2. Ensure all clinical staff is trained on the Meds in Check Program protocol, they understand their role and documentation needs.
3. Lay out medications in the exam room for review.
4. Review the medications and compare to information in the medical record.
5. Ask questions about compliancy, side effects, scripts, etc.
6. Update any changes to scripts and submit new scripts if needed.
7. Clarify any medication instructions and update the medical chart as needed.
8. Provide patient with an updated list if any changes were made

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